

Dear Friends.

I thought I would update you as to my progress.

Well, I am certainly on a roller coaster. Physically it is steady progress. However, the operation of course and the long spell in hospital had an effect psychologically. I have now been diagnosed with Postoperative depression. This is very common apparently when one has a major operation and a long stay in hospital.

How has this manifested itself; I feel depleted and emotionally exhausted.

Having this though, has given me great empathy with all those who are suffering because of the lockdown. We need to keep them in our prayers.

Hopefully I will return soon, my strength is in the Lord Jesus. It is a joy celebrating a house Mass every day, with Angel in the congregation. The Bishop visited last Sunday and gave me permission to reserve the Blessed Sacrament in my little oratory. Such a comfort when things are not so good.

Please continue to pray for me and please God I will return soon.

With every blessing

Fr Kieran